1. Participation in Physical Activity and Its Correlates: An Age Comparison
   Cheah Yong Kang
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2. Relative Age Effect among World Rugby Under 20 Championship 2019 Players
   Mohamad Izzudyn Fariss Mohd Hamizi,
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3. Perception on Sports’ Involvement Among Undergraduates of UiTM Seremban
   Wan Nur Safia Meor Zainuazni
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4. Hiking Preparedness Model (Hiprep): A Scenario of Malaysian Hikers Awareness
   Nik Jazwiri Johannis
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5. Comparison Between Successful Team and Unsuccessful Team in Shooting Action During FIFA World Cup 2018
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6. Moderating Effect of Differences in Coaches’ Cultural Backgrounds: The Relationship between The Coaches’ Leadership Style and the Athletes’ Satisfaction
   Mohd Hardi Razali
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7. The Effect of Beetroot Supplement on Sprinting Performance
   Maisarah Mohd Saleh
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9. A Comparison Between Aggression and Self-Esteem among Universiti Teknologi MARA (UiTM) Shah Alam Athletes
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10. Measurement Method Best Correlates with Body Mass Index: WHR, PBF and VF
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