1. Effect of brisk walking workplace programme on cardiorespiratory fitness in young men with cardiovascular risks.  
   Norsuhana Omar, Rozaziana Ahmad, Mohd Shahrulsalam Mohd Shah, Amilia Aminuddin, Kalaivani Chellappan

2. Gender differences in personal issues related stress among university student athletes.  
   Eng Hoe Wee Kang Mea Kee Tah Fatt Ong Hui Yin Ler Wei Fong Cheng Nadiyah Diyana Tan Abdillah Chee Hian Tan

3. Gender differences between body composition and physical activity among Faculty of Sports Science and Recreation students.  
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   Harris Kamal Kamaruddin Norhidayah Zamri Hazwani Ahmad Yusof@Hanafi Al-Hafiz Abu Bakar

5. Comparison of nutritional status and dietary habits among student athletes and non-student athletes of UiTM.  
   Intan Nursyazanie Binti Mohamad Rizal Siti Soraya Binti Mohd Elias

6. Polysulfide-Enriched Garlic Supplementation improves cognitive function and reduces heart rate during high intensity intermittent exercise.  
   Ahmad Safwanudin Nordin Alif Nazrin Jumat Iqbal Khan Norhamazi Syarifah Maimunah Mud Puad Adam Linoby
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